



纯玩
无购物

安心畅游

云南

轻享

8天7晚

8D7N YUNNAN

雪山洱海 · 古城秘境 · 多彩云南

一次玩转云南精华

玉龙雪山



虎跳峡

虎跳峡
含双程手扶梯

丽江古城
世界文化遗产

行程亮点

01

玉龙雪山
含环保车



02

洱海理想邦
圣托里尼 · 网红打卡地



03

虎跳峡
含双程手扶梯



04

丽江古城
世界文化遗产



05

松赞林寺
含环保车



06

白沙古镇
纳西古村落



纯玩无购物
安心畅游



精选酒店
舒适住宿



特色美食
地道风味



专业导游
贴心服务



全程交通
安全便捷



品质保障
安心出行

第一天 吉隆坡 ➤ 昆明

✦ 集合于机场，飞往【昆明】

✦ 机上用餐 | 晚：滇菜

✦ 住宿：4 ♥ 昆明锦江都城酒店或同级

第二天 昆明 ➤ 大理

✦ 理想邦·圣托里尼【含上行电瓶车】

✦ 大理古城

✦ 洋人街

✦ 早 | 午 | 晚餐自理

✦ 住宿：4 ♥ 万达美华轻奢酒店或同级

第三天 大理 ➤ 香格里拉

✦ 虎跳峡【含双程电梯】

✦ 独克宗古城

✦ 龟山公园

✦ 世界最大转经筒

✦ 早 | 午 | 晚：藏餐

✦ 住宿：4 ♥ 香格里拉美豪丽致酒店或同级

第四天 香格里拉 ➤ 丽江

✦ 松赞林寺【含环保车】

✦ 纳帕海

✦ 大经幡

✦ 丽江古城

✦ 早 | 午 | 晚：过桥米线

✦ 住宿：4 ♥ 丽江凯里亚德酒店或同级

第五天 丽江

✦ 玉龙雪山【含环保车】

✦ 冰川公园【含大索道】

※如大索道遇天气或其它因素影响，将以云杉坪替代

✦ 蓝月谷【含电瓶车】

✦ 原生态大型实景演出《印象丽江》

✦ 白沙古镇

✦ 早 | 午餐自理 | 晚：丽江宫廷御宴

✦ 住宿：4 ♥ 丽江凯里亚德酒店或同级

第六天 丽江 ➤ 楚雄

✦ 洱海生态廊道

✦ 音乐酒吧车

✦ 民族服装体验

✦ 赠送旅拍3张电子照片/人

✦ 喜洲古镇

✦ 品白族三道茶

✦ 白族歌舞表演

✦ 早 | 午 | 晚：彝族餐

✦ 住宿：4 ♥ 楚雄维也纳国际酒店或同级

第七天 楚雄 ➤ 昆明

✦ 斗南花市

✦ 斗南七彩花海

✦ 金马碧鸡坊

✦ 南屏步行街

✦ 南强夜市

✦ 早 | 午 | 晚餐自理

✦ 住宿：4 ♥ 昆明官渡希尔顿欢朋酒店同级

第八天 昆明 ➤ 吉隆坡

✦ 滇池海埂大坝

✦ 冬季可观海鸥

※如无海鸥将以大观楼公园替代

✦ 送往机场，返回温馨的家

✦ 早 | 午：野生菌火锅 | 机上用餐



洱海生态廊道音乐酒吧车

Heineken SILVER



独克宗古城



玉龙雪山



Dali Ancient Town



Lijiang Ancient City

DAY 01 Kuala Lumpur ➤ Kunming

◆ Assemble at airport for flight to [Kunming]

📞 MOB | D: Yunnan Cuisine

🏠 Hotel: 4 🌟 Kunming Metropolo Jinjiang Hotel or SIMILAR

DAY 02 Kunming ➤ Dali 330KM

◆ Dali Santorini [Included one-way buggy]

◆ Dali Ancient Town

🌿 Foreigner Street

📞 MOB | L | Own Arrangement

🏠 Hotel: 4 🌟 Wanda Moments Neo Dali or SIMILAR

DAY 03 Dali ➤ Shangri-La 300KM

◆ Tiger Leaping Gorge [Included escalator]

◆ Dukezong Ancient Town

◆ Guishan Park

🌿 The largest prayer wheel

📞 B | L | D: Tibetan Cuisine

🏠 Hotel: 4 🌟 Shangri-La Mehood Lestie Hotel or SIMILAR

DAY 04 Shangri-La ➤ Lijiang 170KM

◆ Gaden Sumtseling Monastery [Included shuttle]

◆ Yila Grassland

◆ Large Prayer Flags

◆ Lijiang Ancient City

📞 B | L | D: Yunnan Noodle

🏠 Hotel: 4 🌟 Kyriad. Snow Mountain View Hotel or SIMILAR

DAY 05 Lijiang

◆ Yulong Snow Mountain [Included shuttle]

🌿 Glacier National Park [Included cable car]

※If cable car not operating due to unforeseen weather condition, will be replace by Yunshanping

🌿 Blue Moon Valley [Included buggy]

🌿 Impression Lijiang Show

◆ Baisha Ancient Town

📞 B | Own Arrangement | D: Lijiang Royal Banquet

🏠 Hotel: 4 🌟 Kyriad. Snow Mountain View Hotel or SIMILAR

DAY 06 Lijiang ➤ Chuxiong 350KM

◆ Erhai Ecological Corridor

🌿 Themed Sightseeing Music Bus

🌿 Traditional Ethnic Clothing

🌿 Complimentary: 3 digital photos per person

◆ Xizhou Ancient City

🌿 Enjoying the Bai Three-Course Tea

🌿 Bai Ethnic Song and Dance Performance

📞 B | L | D: Yi Cuisine

🏠 Hotel: 4 🌟 Vienna International Hotel or SIMILAR

DAY 07 Chuxiong ➤ Kunming 180KM

◆ Dounan Flower Fair

◆ Dounan Rainbow Flower Sea

◆ Golden Horse and Jade Rooster Archway

◆ Nanping Pedestrian Street

◆ Nanqiang Street Night Market

📞 B | L | Own Arrangement

🏠 Hotel: 4 🌟 Hampton by Hilton Kunming Guandu or SIMILAR

DAY 08 Kunming ➤ Kuala Lumpur

◆ Haigeng Dam

🌿 Winter Gull Watching

※If not the gull viewing season, will be replace by Daguan Yuan Park

◆ Transfer to airport for flight back home

📞 B | L: Mushroom Hotpot | MOB





行程亮点

TRIP HIGHLIGHTS

精华景点体验，尽收当地之美



01

洱海风光体验

Erhai Lake

打卡洱海海景风光，感受大理最舒服的慢旅行氛围。

Enjoy the beautiful lakeside scenery and experience Dali's relaxed lifestyle.



02

玉龙雪山 + 蓝月谷

Jade Dragon Snow Mountain & Blue Moon Valley

雪山、湖水、山谷同框，云南代表性震撼景观。

Admire the breathtaking scenery of snow-capped mountains, crystal-clear lakes, and alpine valleys.



03

香格里拉大经幡

Shangri-La Giant Prayer Flag

打卡高原大经幡，感受香格里拉浓厚的藏族文化氛围。

Visit the iconic Giant Prayer Flag and experience the rich Tibetan culture of Shangri-La.



04

虎跳峡

Tiger Leaping Gorge

近距离感受金沙江峡谷气势，自然景观很震撼。

Marvel at the dramatic canyon carved by the Jinsha River.



05

民族服装体验

Ethnic Costume Experience

体验民族服饰拍照，留下云南旅行纪念照。

Dress in traditional ethnic attire and capture unforgettable travel memories.



06

喜洲古镇

Xizhou Ancient Town

白族古镇、稻田风光与大理慢生活体验。

Explore a traditional Bai village, scenic rice fields, and the charm of slow-paced Dali life.



特色餐食

FEATURED CUISINE

品味特色美食，满足您的味蕾

01

丽江宫廷御宴

LIJIANG ROYAL BANQUET



02

藏餐

TIBETAN CUISINE



03

菌菇火锅

MUSHROOM HOTPOT



04

过桥米线

YUNNAN NOODLE



05

彝族餐

YI CUISINE



06

滇菜

YUNNAN CUISINE



※ 餐食图片仅供参考，餐食以实际安排为准。
※ Meal photos are for reference only. Actual meals may vary.



精选酒店

SELECTED HOTELS

精选舒适住宿，享受每一晚的放松时光



HAMPTON BY HILTON KUNMING GUANDU

昆明官渡希尔顿欢朋酒店



Day 7



KUNMING METROPOLO JINJIANG HOTEL

昆明锦江都城酒店

Day 1



WANDA MOMENTS NEO DALI

万达美华轻尚酒店

Day 2



SHANGRI-LA MEHOOD LESTIE HOTEL

香格里拉美豪丽致酒店

Day 3



KYRIAD. SNOW MOUNTAIN VIEW HOTEL

丽江凯里亚德酒店

Day 4-5



VIENNA INTERNATIONAL HOTEL

楚雄维也纳国际酒店

Day 6

※ All Room type is based on request and subject to hotel availability.
※ 所有房型根据要求提供，并需视酒店而定

保障
出行

餐食&酒店住宿 MEALS & ACCOMMODATIONS

天数 Day	早餐 Breakfast	午餐 Lunch	晚餐 Dinner	酒店 Accommodation 或同级酒店 or Similar Hotel
01	-	机上用餐 MOB	滇菜 Yunnan Cuisine	4♥昆明锦江都城酒店 Kunming Metropolo Jinjiang Hotel
02	酒店内 Hotel	中式合菜 Chinese Cuisine	自理 Own Arrangement	4♥万达美华轻尚酒店 Wanda Moments Neo Dali
03	酒店内 Hotel	中式合菜 Chinese Cuisine	藏餐 Tibetan Cuisine	4♥香格里拉美豪丽致酒店 Shangri-la Mehood Lestie Hotel
04	酒店内 Hotel	中式合菜 Chinese Cuisine	过桥米线 Yunnan Noodle	4♥丽江凯里亚德酒店 Kyriad. Snow Mountain View Hotel
05	酒店内 Hotel	自理 Own Arrangement	丽江宫廷御宴 Lijiang Royal Banquet	4♥丽江凯里亚德酒店 Kyriad. Snow Mountain View Hotel
06	酒店内 Hotel	中式合菜 Chinese Cuisine	彝族餐 Yi Cuisine	4♥楚雄维也纳国际酒店 Vienna International Hotel
07	酒店内 Hotel	中式合菜 Chinese Cuisine	自理 Own Arrangement	4♥昆明官渡希尔顿欢朋酒店 Hampton by Hilton Kunming Guandu
08	酒店内 Hotel	菌菇火锅 Mushroom Hotpot	机上用餐 MOB	-

Travel Essentials :

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.
Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions :

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
2. All pictures shown are for illustration purpose only.
3. Tours are conducted in Mandarin.
4. Triple Room - Third person shall be based on rollaway bed.
5. Tour fare quoted is for MALAYSIAN, non-Malaysian surcharge applied.
6. In-coach Shopping - For your convenience, a variety of local snacks are offered for sale on board the coach. If interested, please place your order with our tour guide.

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。
旅游保险 - 出发前, 建议您购买全面的旅游保险。

条规:

1. 行程、膳食、酒店住宿和交通可能会有所更动, 恕不另行通知。
2. 以上图片仅供参考, 请以实物为准。
3. 所有行程以中文讲解为主。
4. 三人房-房内第三名住客的床褥, 将以折叠式为准。
5. 团费仅适用于大马公民, 外国公民则需缴付额外费用。
6. 车上购物 - 为了您的方便起见, 车上会售卖道地小吃。若您有兴趣购买, 请向我们的导游洽询。

IMPORTANT NOTES

1. ALL MISC charges are subject to change without prior notice.
2. Seat availability and tour fare discount are subject to first come first served basis.
3. Flight schedule above is subject to change.
4. Customer is required to re-confirm the latest flight schedule with our Tour Consultant before proceeding to purchase any domestic and / or transportation tickets.

FOR AGENT USED